

EXERCISE NO. 1

Exercise No. 1 consists of two staves of music. The first staff contains a sequence of 16 eighth notes, each with an accent (>) above it. The notes are grouped into pairs, and the rhythm is indicated by 'R' and 'L' below the staff. The second staff contains a sequence of 16 eighth notes, also with accents, grouped into pairs. The notes are grouped into pairs, and the rhythm is indicated by 'R' and 'L' below the staff.

EXERCISE NO. 2

Exercise No. 2 consists of eight staves of music. Each staff contains a sequence of eighth notes with accents (>) above them. The notes are grouped into pairs, and the rhythm is indicated by 'R' and 'L' below the staff. The exercises progress from simple alternating patterns to more complex sequences involving triplets and specific fingerings.